

Lewis Capaldi – Survive stress: surVIVE



Written by Lewis Marc Capaldi and Samuel Elliot Roman, 27th June 2025

VERSE

How long 'til it feels reduction: /tɪlɪt fi:l
Like the wound's finally starting to heal?
How long 'til it feels
Like I'm more than a spoke in a wheel?
an injury (body or feelings) to become healthy again after injury or sadness
one small part in a big system; not important alone

PRE-CHORUS

Most nights, I fear that I'm not enough
I've had my share of Monday mornings when I
can't get up drop the /ŋ/
But when hope is lost and I come undone
become emotionally broken

CHORUS

I swear to God, I'll survive
If **it kills me to** *it's very hard for me*
I'm **gonna** get up and try *elision: going to*
If it's the last thing I do

I still got something to give
Though it **hurts** sometimes *to cause pain or sadness*
I'm gonna get up and live
Until the day that I die

I **swear to God**, I'll survive *linking: /sweərtəɡɒd/*

VERSE

How long 'til you know *θ*
That in truth, you know **nothing** at all?
How far will you go
To get back to the place you **belong**? *to feel you're in the right place or group*

PRE-CHORUS

Most nights, I fear that I'm not enough
But I **refuse** to spend my best years **rotting** in the
sun *to say no or not accept* *decaying or wasting away slowly*
So when hope is lost and I come undone

CHORUS

I swear to God, I'll survive

If it kills me to conditional idea

I'm gonna get up and try

If it's the last thing I do

I still got something to give

ð Though it hurts sometimes /ɜ:/ doesn't exist in many languages

I'm gonna get up and live

Until the day that I die

I swear to God, I'll survive

I swear to God, I'll survive

I swear to God, I'll survive

If it kills me to

will is usually weaker than going to,
but here, Lewis uses it as a promise

I'm gonna get up and try

If it's the last thing I do

I still got something to give

Though it hurts sometimes

I'm gonna get up and live

Until the day that I die

I swear to God, I'll survive

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